



COUNSELING SERVICES

Did you know that at Wildman you have options when it comes to your mental health?

All employees and your immediate family members have **up to 12 counseling sessions per year per family member at no cost to you.** We have partnered with these providers to offer you and your family members access to confidential counseling. Just reach out to one of the providers below, let them know you're a Wildman employee, and schedule an appointment (*many of these options can be done virtually as well*):

LIFE TOUCH COUNSELING

- Stephanie
- (574) 269-7990
- 2510 East Center Street, Warsaw

LIFEWORKS COUNSELING CENTER

- Kati Mills
- (574) 268-0448 x 401
- 105 Enterprise Dr., Warsaw

CROSSWINDS COUNSELING

- Locations: Fort Wayne, Indy, Elkhart, Bluffton
- (877)-594-9204
- info@crosswinds.org

JULIE SHEARER COUNSELING, LLC

- Julie Shearer
- (574) 500-2810
- 1128 East Winona Ave, Warsaw



Holland:

We have partnered with Winning at Home to offer for you and your family members access to confidential counseling. You and your immediate family members will have **12 counseling sessions per year, per family member at no cost to you.** They can be contacted at:

WINNING AT HOME: 616-772-1733

We're continually exploring new options to ensure we always have reliable solutions available in every location where Wildman operates.

EMPLOYEE ASSISTANCE PLANS (EAP)



We also have available through **Lincoln Financial Employee Assistance Plans (EAP)**. These are opportunities for you to get additional counseling opportunities as well as legal and financial guidance. See below how to access this benefit:

Some matters are best resolved by meeting with a professional in person. With EmployeeConnect, you and your family get:

- In-person help for short-term issues (up to 5 sessions with a counselor per person, per issue, per year)
- In-person consultations with network lawyers, including 1 free 30-minute in-person consultation per legal issue, and 25% off subsequent meetings

You and your family can access the following services any time — online, on the mobile app, or with a toll-free call:

- Information and referrals on family matters, such as child and elder care, pet care, vacation planning, moving, car buying, college planning, and more
- Legal information and referrals for family law, estate planning, and consumer and civil law
- Financial guidance on budgeting and short- and long-term planning

EmployeeConnect offers a wide range of information and resources you can research and access on your own. Expert advice and support tools are just a click away when you visit [GuidanceResources.com](https://www.guidanceresources.com) or download the [GuidanceNow™](#) mobile app. You'll find:

- Articles and tutorials
- Videos
- Interactive tools, including financial calculators, budgeting worksheets, and more

